

# HANDICAPJUSTERINGSTABELL

Beroende av poängbogeysresultatet förändras din exakta handicap enligt nedanstående tabell

| Exakt Handicap | Vid höjning | Buffert zon | Resultat över 36 poäng ger sänkning |      |      |      |      |      |      |      |      |  |
|----------------|-------------|-------------|-------------------------------------|------|------|------|------|------|------|------|------|--|
|                |             |             | 37                                  | 38   | 39   | 40   | 41   | 42   | 43   | 44   | 45   |  |
| ≥4.4           | +0.1        | 35-36       | -0.1                                | -0.2 | -0.3 | -0.4 | -0.5 | -0.6 | -0.7 | -0.8 | -0.9 |  |
| 4.5-4.6        | +0.1        | 34-36       | -0.2                                | -0.3 | -0.4 | -0.5 | -0.6 | -0.7 | -0.8 | -0.9 | -1.0 |  |
| 4.7-4.8        | +0.1        | 34-36       | -0.2                                | -0.4 | -0.5 | -0.6 | -0.7 | -0.8 | -0.9 | -1.0 | -1.1 |  |
| 4.9-5.0        | +0.1        | 34-36       | -0.2                                | -0.4 | -0.6 | -0.7 | -0.8 | -0.9 | -1.0 | -1.1 | -1.2 |  |
| 5.1-5.2        | +0.1        | 34-36       | -0.2                                | -0.4 | -0.6 | -0.8 | -0.9 | -1.0 | -1.1 | -1.2 | -1.3 |  |
| 5.3-5.4        | +0.1        | 34-36       | -0.2                                | -0.4 | -0.6 | -0.8 | -1.0 | -1.1 | -1.2 | -1.3 | -1.4 |  |
| 5.5-5.6        | +0.1        | 34-36       | -0.2                                | -0.4 | -0.6 | -0.8 | -1.0 | -1.2 | -1.3 | -1.4 | -1.5 |  |
| 5.7-5.8        | +0.1        | 34-36       | -0.2                                | -0.4 | -0.6 | -0.8 | -1.0 | -1.2 | -1.4 | -1.5 | -1.6 |  |
| 5.9-6.0        | +0.1        | 34-36       | -0.2                                | -0.4 | -0.6 | -0.8 | -1.0 | -1.2 | -1.4 | -1.6 | -1.7 |  |
| 6.1-11.4       | +0.1        | 34-36       | -0.2                                | -0.4 | -0.6 | -0.8 | -1.0 | -1.2 | -1.4 | -1.6 | -1.8 |  |
| 11.5-11.7      | +0.1        | 33-36       | -0.3                                | -0.5 | -0.7 | -0.9 | -1.1 | -1.3 | -1.5 | -1.7 | -1.9 |  |
| 11.8-12.0      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.8 | -1.0 | -1.2 | -1.4 | -1.6 | -1.8 | -2.0 |  |
| 12.1-12.3      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.9 | -1.1 | -1.3 | -1.5 | -1.7 | -1.9 | -2.1 |  |
| 12.4-12.6      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.9 | -1.2 | -1.4 | -1.6 | -1.8 | -2.0 | -2.2 |  |
| 12.7-12.9      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.9 | -1.2 | -1.5 | -1.7 | -1.9 | -2.1 | -2.3 |  |
| 13.0-13.2      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.9 | -1.2 | -1.5 | -1.8 | -2.0 | -2.2 | -2.4 |  |
| 13.3-13.5      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.9 | -1.2 | -1.5 | -1.8 | -2.1 | -2.3 | -2.5 |  |
| 13.6-13.8      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.9 | -1.2 | -1.5 | -1.8 | -2.1 | -2.4 | -2.6 |  |
| 13.9-18.4      | +0.1        | 33-36       | -0.3                                | -0.6 | -0.9 | -1.2 | -1.5 | -1.8 | -2.1 | -2.4 | -2.7 |  |
| 18.5-18.8      | +0.1        | 32-36       | -0.4                                | -0.7 | -1.0 | -1.3 | -1.6 | -1.9 | -2.2 | -2.5 | -2.8 |  |
| 18.9-19.2      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.1 | -1.4 | -1.7 | -2.0 | -2.3 | -2.6 | -2.9 |  |
| 19.3-19.6      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.2 | -1.5 | -1.8 | -2.1 | -2.4 | -2.7 | -3.0 |  |
| 19.7-20.0      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.2 | -1.6 | -1.9 | -2.2 | -2.5 | -2.8 | -3.1 |  |
| 20.1-20.4      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.2 | -1.6 | -2.0 | -2.3 | -2.6 | -2.9 | -3.2 |  |
| 20.5-20.8      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.2 | -1.6 | -2.0 | -2.4 | -2.7 | -3.0 | -3.3 |  |
| 20.9-21.2      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.2 | -1.6 | -2.0 | -2.4 | -2.8 | -3.1 | -3.4 |  |
| 21.3-21.6      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.2 | -1.6 | -2.0 | -2.4 | -2.8 | -3.2 | -3.5 |  |
| 21.7-26.4      | +0.1        | 32-36       | -0.4                                | -0.8 | -1.2 | -1.6 | -2.0 | -2.4 | -2.8 | -3.2 | -3.6 |  |
| 26.5-26.9      | +0.2        | 31-36       | -0.5                                | -0.9 | -1.3 | -1.7 | -2.1 | -2.5 | -2.9 | -3.3 | -3.7 |  |
| 27.0-27.4      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.4 | -1.8 | -2.2 | -2.6 | -3.0 | -3.4 | -3.8 |  |
| 27.5-27.9      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.5 | -1.9 | -2.3 | -2.7 | -3.1 | -3.5 | -3.9 |  |
| 28.0-28.4      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.5 | -2.0 | -2.4 | -2.8 | -3.2 | -3.6 | -4.0 |  |
| 28.5-28.9      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.5 | -2.0 | -2.5 | -2.9 | -3.3 | -3.7 | -4.1 |  |
| 29.0-29.4      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.5 | -2.0 | -2.5 | -3.0 | -3.4 | -3.8 | -4.2 |  |
| 29.5-29.9      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.5 | -2.0 | -2.5 | -3.0 | -3.5 | -3.9 | -4.3 |  |
| 30.0-30.4      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.5 | -2.0 | -2.5 | -3.0 | -3.5 | -4.0 | -4.4 |  |
| 30.5-36.0      | +0.2        | 31-36       | -0.5                                | -1.0 | -1.5 | -2.0 | -2.5 | -3.0 | -3.5 | -4.0 | -4.5 |  |

Handicapronnd? Va' kull!

Med fyra ronder i ditt kort, har du öppnat golfens port, skriv in din score, njut och fira, att du detta spel kan lira!

Höjning, buffert eller sänkning – spelar roll!

Viktigaste är – att du har koll!



Svenska Golfbundet